



STATE OF NEW HAMPSHIRE
DEPARTMENT OF HEALTH AND HUMAN SERVICES
DIVISION OF COMMUNITY BASED CARE SERVICES

BUREAU OF ELDERLY & ADULT SERVICES

John A. Stephen
Commissioner

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Nancy L. Rollins
Acting Director

March 17, 2006

APPROVED BY _____

DATE 4/19/06

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ITEM # 63

His Excellency, Governor John H. Lynch
and the Honorable Executive Council
State House
Concord, NH 03301

REQUESTED ACTION

Authorize the Department of Health and Human Services (DHHS), Bureau of Elderly and Adult Services (BEAS), to award thirty-five Senior Wellness Grants as identified below in an amount not to exceed \$2,500 per grant and \$59,961 in total, effective date of Governor and Council approval through June 30, 2006.

Funding is available in the following account:

Account Title	Account Number	SFY 2006
Senior Center Wellness	010-048-6173-021-0285	\$59,961

EXPLANATION

This requested action is to authorize BEAS to award Senior Wellness Grants to individual Senior Centers and the New Hampshire Association of Senior Centers. The grants were to be distributed as a result of a onetime competitive grant opportunity for Senior Centers to apply for the New Hampshire Senior Wellness initiative. Chapter 176, Laws of 2005 (HB 1), the operating budget, contained funds to support senior wellness programming with a primary focus on prevention. The recipients of the grant awards are as follows:

	Name	Senior Center Location	Vendor #	Amount
1	Atkinson Recreation Commission Senior Program	Atkinson, NH	Pending	\$ 700.00
2	Community Action Program Belknap-Merrimack Counties, Inc. Belmont Senior Center	Belmont, NH	92450	\$ 2,250.00
3	Community Action Program Belknap-Merrimack Counties, Inc., Bradford Area Senior Center/Mountain View Senior Center	Bradford, NH	92450	\$ 1,250.00
4	Community Action Program Belknap-Merrimack Counties, Inc. Horseshoe Pond Place	Concord, NH	92450	\$ 2,210.00

	Name	Senior Center Location	Vendor #	Amount
5	Community Action Program Belknap-Merrimack Counties, Inc. Laconia Senior Center	Laconia, NH	92450	\$ 1,710.00
6	Community Action Program Belknap-Merrimack Counties, Inc. Meredith Senior Center	Meredith, NH	92450	\$ 1,750.00
7	Community Action Program Belknap-Merrimack Counties, Inc. Pittsfield Area Senior Center	Pittsfield, NH	92450	\$ 1,945.00
8	Community Action Program Belknap-Merrimack Counties, Inc. Twin Rivers Intergenerational Program (TRIP) (Franklin)	Franklin, NH	92450	\$ 2,220.00
9	Charlestown Senior Citizens Club	Charlestown, NH	Pending	\$ 650.00
10	Claremont Senior Center, Inc.	Claremont, NH	116614	\$ 1,900.00
11	Danbury Workshop, Inc.	Danbury, NH	117107	\$ 1,900.00
12	Gibson Center for Senior Services, Inc.	North Conway, NH	95406	\$ 800.00
13	Greater Wakefield Resource Center Inc.	Greater Wakefield, NH	125560	\$ 1,250.00
14	Grafton County Senior Citizens Council, Inc. Bristol Area Senior Services	Bristol, NH	92054	\$ 1,920.00
15	Grafton County Senior Citizens Council, Inc. Horsemeadow Senior Center	North Haverhill, NH	92054	\$ 2,250.00
16	Grafton County Senior Citizens Council, Inc. Littleton Area Senior Center	Littleton, NH	92054	\$ 2,250.00
17	Grafton County Senior Citizens Council, Inc. Mascoma Senior Center	Canaan, NH	92054	\$ 2,250.00
18	Grafton County Senior Citizens Council, Inc. Plymouth Senior Center	Plymouth, NH	92054	\$ 2,250.00
19	Grafton County Senior Citizens Council, Inc. Upper Valley Senior Center	Lebanon, NH	92054	\$ 2,490.00
20	Keene Senior Center	Keene, NH	Pending	\$ 1,920.00
21	Newport Senior Center, Inc.	Newport, NH	91475	\$ 2,350.00
22	NH Association of Senior Centers	Statewide	Pending	\$ 1,500.00
23	Ossipee Concerned Citizens, Inc.	Ossipee, NH	92712	\$ 1,200.00
24	Pelham Senior Center	Pelham, NH	Pending	\$ 1,213.00

	Name	Senior Center Location	Vendor #	Amount
25	Portsmouth Housing Authority Portsmouth Senior Citizen Center	Portsmouth, NH	92714	\$ 2,156.00
26	Prime Time of Catholic Medical Center	Manchester, NH	Pending	\$ 1,500.00
27	Rockingham Nutrition & Meals on Wheels Program Inc. Exeter Senior Center	Exeter, NH	92602	\$ 2,000.00
28	Salem Council on Aging Salem Senior Center	Salem, NH	Pending	\$ 1,327.00
29	Senior Activity Center Nashua Senior Center	Nashua, NH	Pending	\$ 1,300.00
30	Somersworth Housing Authority Fillion Terrace Senior Center	Somersworth, NH	91887	\$ 2,100.00
31	Town of Londonderry Londonderry Senior Center	Londonderry, NH	21179	\$ 1,500.00
32	Tri -County Community Action Program, Inc. North Country Elderly Programs	Berlin, NH	92014	\$ 1,500.00
33	Vic Geary Senior Center	Plaistow, NH	Pending	\$ 1,600.00
34	White Birch Community Center, Inc.	Henniker, NH	Pending	\$ 1,600.00
35	William B. Cashin Senior Activity Center	Manchester, NH	Pending	\$ 1,200.00
	Total			\$59,961.00

The objective of the Senior Wellness initiative is to make available funds for wellness programs with an emphasis on prevention activities aimed at reducing the burden of illness, enhancing quality of life and increasing longevity. Through this competitive grant process, funds in an amount up to \$2,500 per center have been awarded to support these initiatives. BEAS sent an application package to senior centers identified by the New Hampshire Association of Senior Centers and the New Hampshire Coalition on Aging Services, with instructions to return the completed application by January 31, 2006. A notice of the Senior Wellness Awards was also posted on the DHHS Web site under "Whats New".

A team selected by BEAS reviewed all applications. In order to more fully distribute the limited funds some applications were not funded in the amount requested and those applicants who clearly did not meet the criteria were not funded. A Notice of Decision letter will be sent to all applicants identifying the outcome of the review process. The following requirements and criteria were used in making the awards:

1. Applicants must be Senior Centers/Senior Center Association located in the State of New Hampshire that meet the definition of a senior center as stated in the New Hampshire Association of Senior Centers bylaws (Article 1, Section 2).
2. Applicants may consider, but not limit themselves to the following wellness activities: education, which could include disease prevention, falls prevention, and/or nutrition;

exercise and strength training programs; physical and mental health wellness programs; socialization and community programs.

3. The existing program or newly proposed program is viable and has other sources of funding to continue.
4. The applicant describes a plan for sustainability of the program beyond the grant award.
5. The proposed program defines innovative and targeted outcomes.

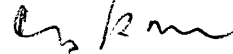
Recipients of the Senior Wellness Award agreed to the criteria set forth by BEAS for determination of awards and acknowledged that the decisions made by BEAS are final. Additionally, that all funds shall be used solely for the purpose(s) described in the Application, in the identified time period, at the costs estimated for the desired outcomes, and that they must leverage the funds they receive with matching funds or in-kind resources.

By May 1, 2006 recipients shall submit a letter of confirmation to BEAS that the funds were received and are being used for the purposes identified in the Application. An Initial Expenditure Report is due by June 1, 2006. Funds not anticipated to be expended shall be returned by June 14, 2006. A Final Expenditure Report and a completed Program Performance Evaluation Report are to be submitted by July 14, 2006.

Geographic area to be served: Statewide.

Source of Funds: 6173-021, 100% General Funds.

Respectfully submitted,

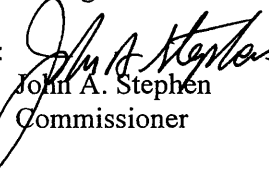


Douglas P. McNutt
Bureau Administrator



Nancy L. Rollins
Acting Director

Approved by:



John A. Stephen
Commissioner

NAMES OF APPLICANTS AWARDED SENIOR WELLNESS GRANTS

1	Atkinson Recreation Commission Senior Program
2	Community Action Program Belknap-Merrimack Counties, Inc. Belmont Senior Center
3	Community Action Program Belknap-Merrimack Counties, Inc. Bradford Area Senior Center/Mountain View Senior Center
4	Community Action Program Belknap-Merrimack Counties, Inc. Horseshoe Pond Place
5	Community Action Program Belknap-Merrimack Counties, Inc. Laconia Senior Center
6	Community Action Program Belknap-Merrimack Counties, Inc. Meredith Senior Center
7	Community Action Program Belknap-Merrimack Counties, Inc. Pittsfield Area Senior Center
8	Community Action Program Belknap-Merrimack Counties, Inc. Twin Rivers Intergenerational Program
9	Charlestown Senior Citizens Club
10	Claremont Senior Center, Inc.
11	Danbury Workshop, Inc.
12	Gibson Center for Senior Services, Inc.
13	Greater Wakefield Resource Center Inc.
14	Grafton County Senior Citizens Council, Inc. Bristol Area Senior Services
15	Grafton County Senior Citizens Council, Inc. Horsemeadow Senior Center
16	Grafton County Senior Citizens Council, Inc. Littleton Area Senior Center
17	Grafton County Senior Citizens Council, Inc. Mascoma Senior Center
18	Grafton County Senior Citizens Council, Inc. Plymouth Senior Center
19	Grafton County Senior Citizens Council, Inc. Upper Valley Senior Center
20	Keene Senior Center
21	Newport Senior Center, Inc.
22	NH Association of Senior Centers
23	Ossipee Concerned Citizens, Inc.
24	Pelham Senior Center
25	Portsmouth Housing Authority Portsmouth Senior Citizens Center
26	Prime Time of Catholic Medical Center
27	Rockingham Nutrition & Meals on Wheels Program Inc. Exeter Senior Center
28	Salem Council on Aging, Salem Senior Center
29	Senior Activity Center, Nashua Senior Center
30	Somersworth Housing Authority Fillion Terrace Senior Center
31	Town of Londonderry Londonderry Senior Center
32	Tri -County Community Action Program, Inc. North Country Elderly Programs
33	Vic Geary Senior Center
34	White Birch Community Center, Inc.
35	William B. Cashin Senior Activity Center

NAMES OF APPLICANTS NOT AWARDED SENIOR WELLNESS GRANTS

1	Hampstead Senior Citizen Drop -In Center
2	Holiday Center, Inc.
3	LRGHeathcare Community Wellness Center
4	LRGHealthcare Winnepesaukee Wellness Center

LOCATION	REQUESTED	AWARDED
Atkinson, NH	\$ 2,480.00	\$ 700.00
Belmont, NH	\$ 2,500.00	\$ 2,250.00
Bradford, NH	\$ 2,250.00	\$ 1,250.00
Concord, NH	\$ 2,460.00	\$ 2,210.00
Laconia, NH	\$ 2,150.00	\$ 1,710.00
Meredith, NH	\$ 2,250.00	\$ 1,750.00
Pittsfield, NH	\$ 2,150.00	\$ 1,945.00
Franklin, NH	\$ 2,450.00	\$ 2,220.00
Charlestown, NH	\$ 2,500.00	\$ 650.00
Claremont, NH	\$ 2,500.00	\$ 1,900.00
Danbury, NH	\$ 2,500.00	\$ 1,900.00
North Conway, NH	\$ 1,014.42	\$ 800.00
Greater Wakefield, NH	\$ 2,500.00	\$ 1,250.00
Bristol, NH	\$ 2,500.00	\$ 1,920.00
North Haverhill, NH	\$ 2,500.00	\$ 2,250.00
Littleton, NH	\$ 2,500.00	\$ 2,250.00
Canaan, NH	\$ 2,500.00	\$ 2,250.00
Plymouth, NH	\$ 2,500.00	\$ 2,250.00
Lebanon, NH	\$ 2,490.00	\$ 2,490.00
Keene, NH	\$ 2,000.00	\$ 1,920.00
Newport, NH	\$ 2,500.00	\$ 2,350.00
Statewide	\$ 1,500.00	\$ 1,500.00
Ossipee, NH	\$ 1,200.00	\$ 1,200.00
Pelham, NH	\$ 1,213.00	\$ 1,213.00
Portsmouth, NH	\$ 2,500.00	\$ 2,156.00
Manchester, NH	\$ 2,430.00	\$ 1,500.00
Exeter, NH	\$ 2,500.00	\$ 2,000.00
Salem, NH	\$ 1,326.93	\$ 1,327.00
Nashua, NH	\$ 2,495.00	\$ 1,300.00
Somersworth, NH	\$ 2,500.00	\$ 2,100.00
Londonderry, NH	\$ 2,000.00	\$ 1,500.00
Berlin, NH	\$ 2,500.00	\$ 1,500.00
Plaistow, NH	\$ 2,500.00	\$ 1,600.00
Henniker, NH	\$ 2,500.00	\$ 1,600.00
Manchester, NH	\$ 2,500.00	\$ 1,200.00
Sub Totals	\$ 78,859.35	\$ 59,961.00

Hampstead, NH	\$ 2,500.00	\$ -
Berlin, NH	\$ 2,500.00	\$ -
Laconia, NH	\$ 1,350.00	\$ -
Center Harbor, NH	\$ 1,250.00	\$ -
Sub Totals	\$ 7,600.00	\$ -
Totals	\$ 86,459.35	\$ 59,961.00